



ARIZONA BOARD OF ATHLETIC TRAINING

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www.at.az.gov

Dry Needling Standards of Education and Training

Submission Cover Sheet

Name _____ License No. _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

This cover sheet is provided for the purpose of submitting documentation of meeting the requirements of A.A.C. R4-49-406 Professional Standards of Care and Training and Education Qualifications for Delivery of Dry Needling Therapeutic Modality.

The documentation you provide must demonstrate completion of the following requirements:

1. The course content shall be approved by one or more of the following entities prior to the course(s) being completed by the athletic trainer.
 - a. Commission on Accreditation of Athletic Training Education
 - b. National Athletic Trainers' Association
 - c. Board of Certification, Inc.
 - d. State or district associations of the National Athletic Trainers' Association
 - e. Specialty groups or societies of the National Athletic Trainers' Association
2. The course content shall include the following components of education and training:
 - a. Clean needle techniques to include one of the following standards:
 - i. The U.S. Centers for Disease Control and Prevention, or
 - ii. The U.S. Occupational Safety and Health Administration
 - b. Anatomical Review
 - c. Blood Borne Pathogens
 - d. Contraindications and indications for "dry needling"
3. The course content required shall include passing both a written examination and practical examination before completion of the course content. Practice application course content must be completed in a synchronous environment and examinations shall be done in-person to meet the qualifications of subsection (B).
4. The course content required in subsection (B) shall total a minimum of 24 contact hours of education.

I do hereby swear and affirm that the foregoing statements contained in this registration are true and correct.

Signature

Date

Remit completed form and documentation to at.info@otboard.az.gov